

# YCPARMIA Safety Journal

*YCPARMIA's Mission Statement:*

*To protect the members' resources from the impact of loss through a program of insurance coverage, prevention, education, training, and service.*



April 2016

## How to Stay Air Aware

### A message from the Yolo Solano Air Quality Management District

In Yolo County we're blessed with clean air almost every day. It's easy to take for granted the 3,000 gallons of air each of us breathes in a day. But local communities are prone to poorer air quality in certain situations (such as extreme heat or wildfires) and many residents are especially sensitive to air pollution.

According to the California Department of Public Health, an estimated 33,000 Yolo County residents have asthma. That's roughly one out of every six residents. The rates are even higher for children. People with asthma or other respiratory ailments in addition to very young children, pregnant women and the elderly are more sensitive to air pollution. Yolo County typically experiences a few days of air quality that are unhealthy for these folks every year; the frequency is much higher in the greater Sacramento region.

Here are some things you can do to protect your family from unhealthy air:

- Sign up for air quality alerts at [www.ysaqmd.org](http://www.ysaqmd.org). We'll email or text you when air quality is forecasted to be unhealthy for sensitive groups. If you'd like, you can also sign up for daily forecasts.
- Watch for signs of irritation. If we're forecasting poorer air quality, keep an eye on those who could be sensitive to air pollution, especially kids. If outdoor play, practice or work is causing breathing trouble, stop and go indoors. Increasing exposure to pollution worsens symptoms and can be dangerous.
- Share info with others. If you or your child are particularly sensitive to air pollution, take a moment to discuss air quality with your coaches, athletes, teachers, neighbors and coworkers so they can provide aid if necessary. Awareness is all about prevention and protection. The more of us who are aware of the conditions and the risks, the safer we all are.

***Be Air Aware!***

***National Air Quality Awareness Week***

***May 2-6***

## Surface Water to Flow from Taps in June 2016

According to the Woodland–Davis Clean Water Agency, treated water from the Sacramento River will soon flow from taps in the Cities of Woodland and Davis.

Making sure to do their due diligence, the Cities of Woodland and Davis spent decades planning and two years building the new Regional Water Treatment Facility. Beginning in June 2016, water will be transferred from the Sacramento River to the new facility. Using state-of-the-art technology, the water will be treated for safe consumption and distributed to the Cities for domestic use.

In order to ensure a safe transition, surface water will be slowly introduced into the system which will allow it to adapt to the new water source. Additionally, the Cities have been flushing the system and treating it to prevent corrosion in an effort to prepare their systems for surface water. The Cities will constantly test the quality of the water to ensure that it meets or exceeds every State and Federal water quality regulation. The ground water will be used as necessary, and will be blended with surface water during higher demand periods.

## What to Expect with Surface Water

Surface water is naturally softer than local groundwater. The surface water will result in less wear and tear on water using appliances, and require less soap/detergent for washing purposes. Although the Cities have treated their systems to minimize any discoloration, water may appear temporarily cloudy when it first comes from the tap as a result of air bubbles. Furthermore, the water will taste different because it has fewer minerals and will have been treated to a very high standard. Find answers to other Frequently Asked Questions online at [www.wdcwa.com](http://www.wdcwa.com).

## Surface Water Meetings

Learn more about the introduction of surface water at one of the following meetings:

### Woodland:

6pm, Thursday, April 28  
Woodland Community and Senior Center  
2001 East Street, Woodland

### Davis:

6:30pm, Thursday, May 5  
Davis Senior Center  
646 A Street, Davis

## Good Housekeeping

Spring is officially here which means *spring cleaning!* Refresh your housekeeping knowledge with some of YCPARMIA's safety training videos.

- 267– Housekeeping (5 min VHS)
- 519– Stash the Trash (10 min VHS)
- 1087– Housekeeping (6 min DVD)
- 1402– Good Housekeeping is Good Safety (5 min DVD)

